

I. SAFETY AND MAINTENANCE INSTRUCTION

1. Assembling the Chair:

- Carefully follow the provided assembly instructions.
- Ensure all bolts, screws, and components are securely tightened.
- Regularly inspect the chair for loose or damaged parts.

2. Weight Limit:

- Adhere to the specified weight limit indicated by the manufacturer.
- Do not exceed the recommended weight capacity to avoid structural damage.

3. Proper Sitting Position:

- Sit squarely in the centre of the chair with your back against the backrest.
- Adjust the chair height so that your feet rest flat on the floor, promoting proper posture.

4. Adjustments:

- Utilize the chair adjustments (height, tilt, and armrests) to suit your comfort and ergonomic needs.
- Do not force adjustments; if they are difficult, consult the user manual for guidance.

5. Regular Inspections:

- Periodically inspect the chair for any signs of wear, loose screws, or damaged components.
- Tighten any loose screws promptly, and replace any damaged parts.

6. Avoid Rough Handling:

- Do not lean back too forcefully or use excessive force when adjusting the chair.
- Avoid dropping into the chair, as this can cause unnecessary strain on the structure.

7. Floor Surface:

- Place the chair on a stable and level surface.
- Use a chair mat on carpeted floors to prevent wear, and ensure the wheels move smoothly.

8. Cleaning and Maintenance:

- Clean the chair regularly with a mild detergent and a soft cloth.
- Do not use abrasive cleaners that may damage the chair's finish.
- Lubricate moving parts, such as wheel casters, as recommended by the manufacturer.

9. Avoid Overloading:

- Do not use the chair as a step stool or place heavy objects on it, as this may compromise its structural integrity.

II. WARRANTY

AUSTRALIAN CONSUMER LAW

Many of our products come with a guarantee or warranty from the manufacturer. In addition, they come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and compensation for any other reasonably foreseeable loss or damage.

You are entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Full details of your consumer rights may be found at www.consumerlaw.gov.au.

Please visit our website to view our full warranty terms and conditions: <http://www.lifespanfitness.com.au/warranty-repairs>

WARRANTY AND SUPPORT

Any claim against this warranty must be made through your original place of purchase. Proof of purchase is required before a warranty claim may be processed.

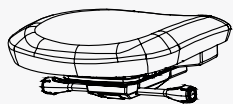
If you have purchased this product from the Official Lifespan Fitness website, please visit <https://lifespanfitness.com.au/warranty-form>

For support outside of warranty, if you wish to purchase replacement parts or request a repair or service, please visit <https://lifespanfitness.com.au/warranty-form> and fill in our Repair/Service Request Form or Parts Purchase Form.

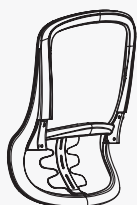
Scan this QR code with your device to go to lifespanfitness.com.au/warranty-form



III. ASSEMBLY INSTRUCTIONS



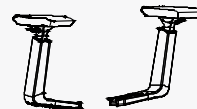
A - Seat 1pc.



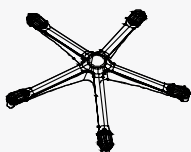
B-1 - Back 1pc.



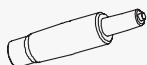
B-2 - Back 1pc.



C - Armrests 1set



D - Base 1pc.



E- Gas Lift 1pc.



F - Castors 5pcs.



1 - Screw 6x50 2pcs.



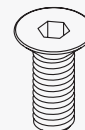
2 - Screw 6x35 4pcs.



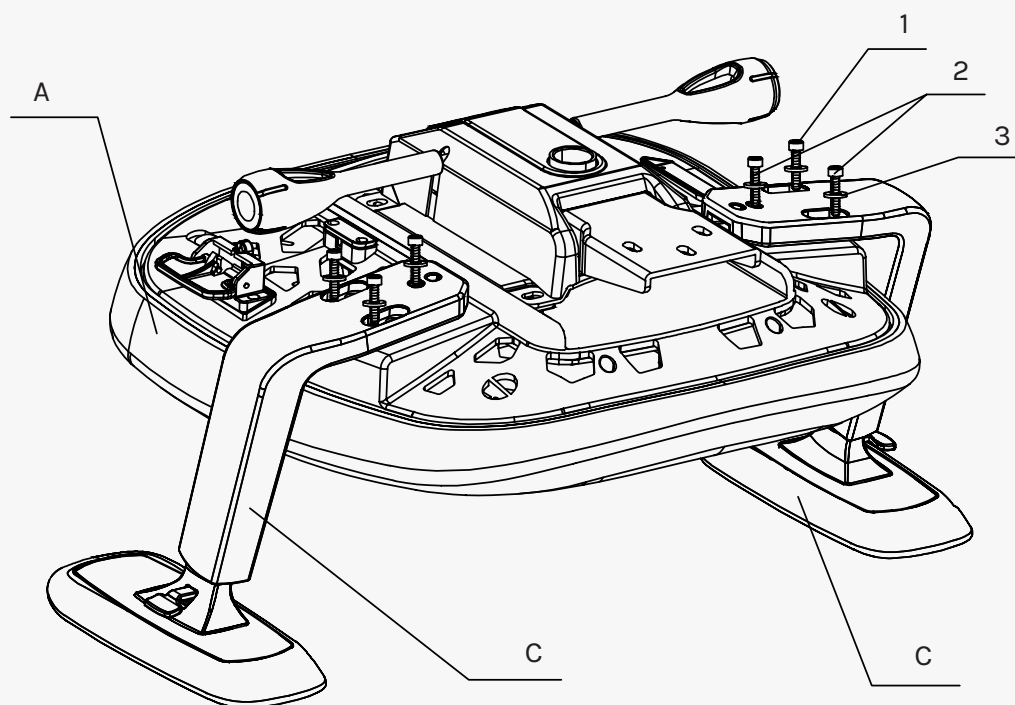
3 - Washer 6x16 6pcs.



4 - Screw 8x20 3pcs.

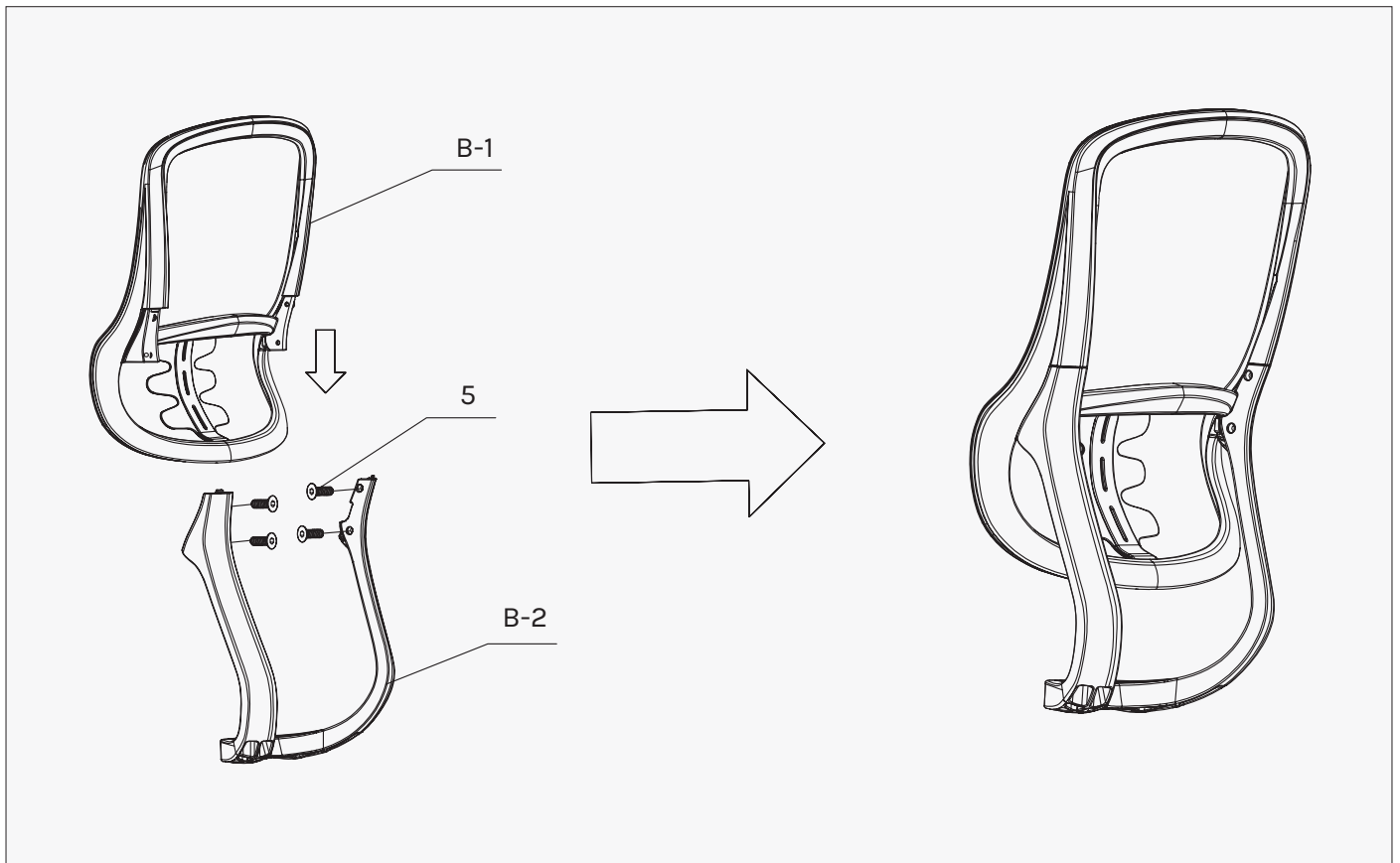


5 - Screw 6x20 4pcs.



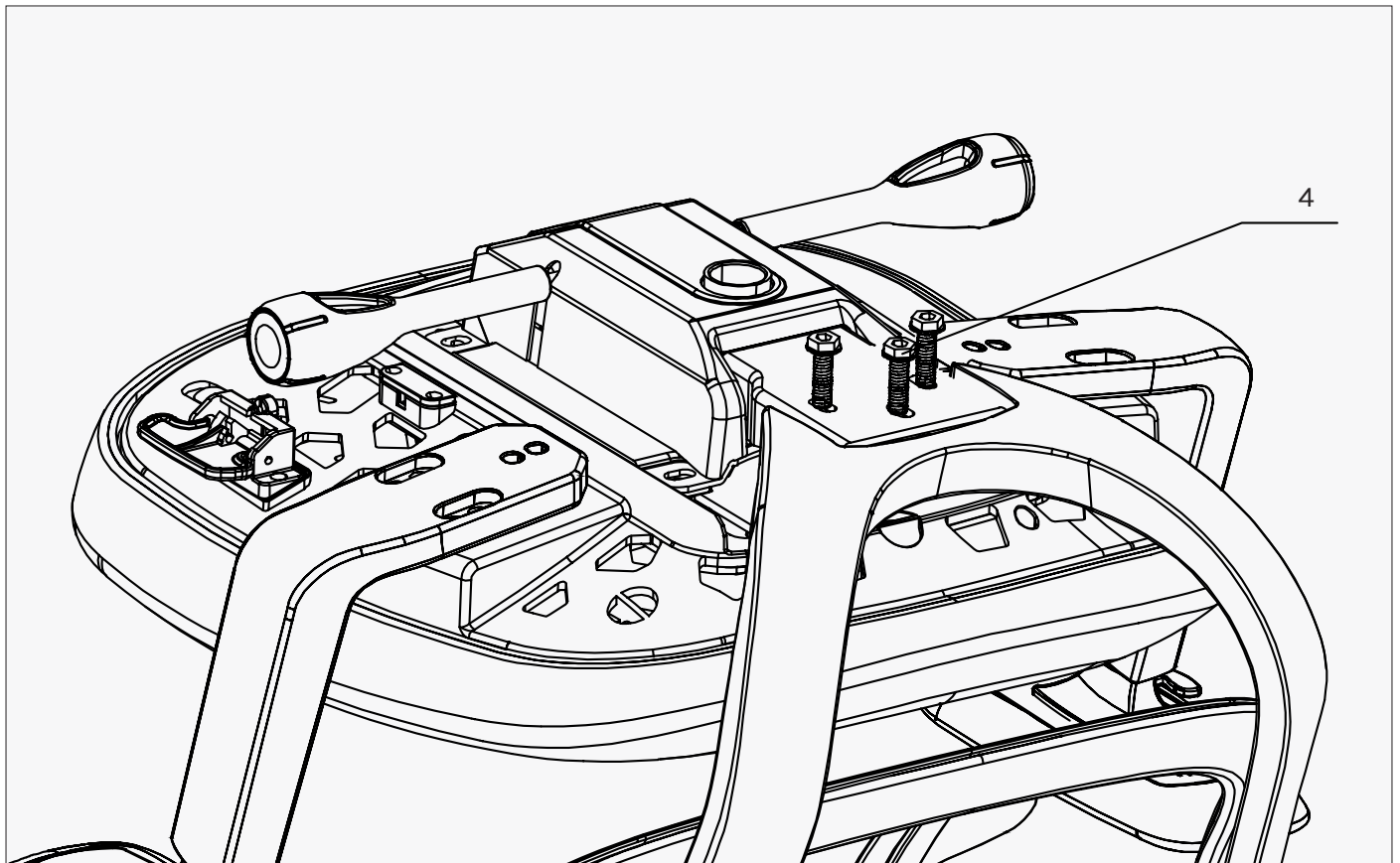
STEP 1

1. Flip the seat (A) upside down to install the armrests (C).
2. Secure using screw 6x50mm (1) and Washer 6x16mm (3) on the inner bolt in the middle. Repeat for other side.
3. Add remaining 2x screws 6x35mm (2) and 2x Washer 6x16mm (3) to the remaining bolt holes on each side as pictured.



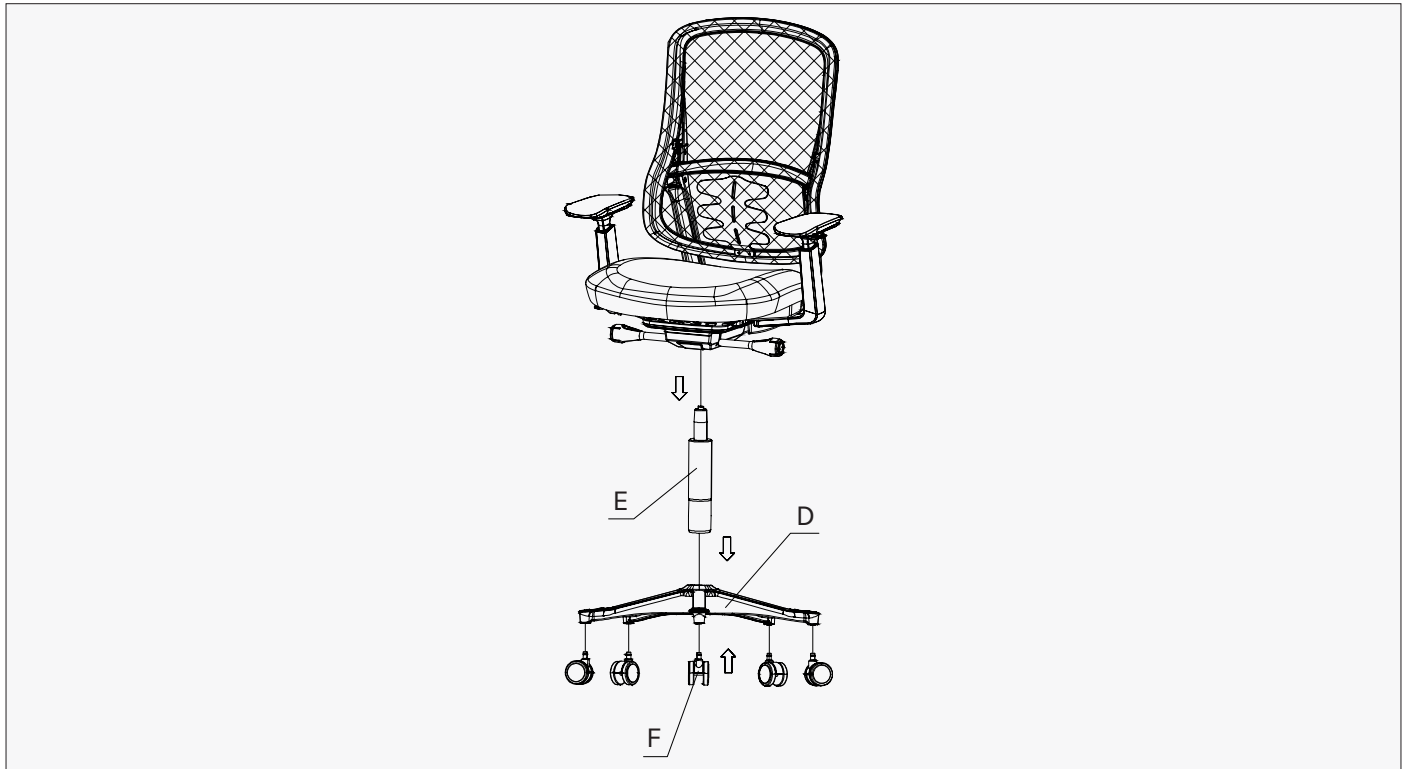
STEP 2

1. Align the bolt holes of back piece (B-2) to back piece (B-1). Tighten with 4x screws 6x20mm (5)



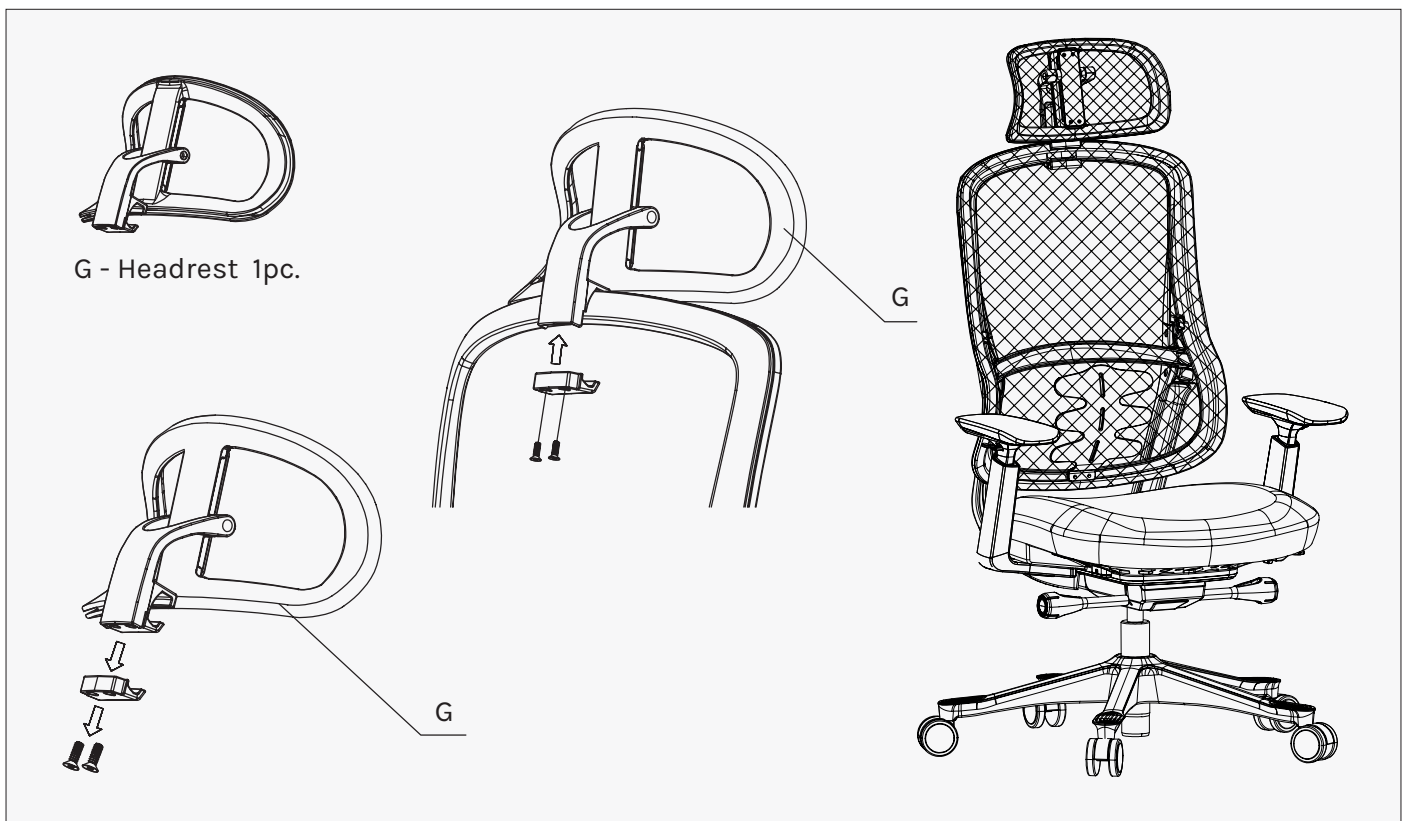
STEP 3

1. Mount the back piece to the chair using 3x screws 8x20mm (4).



STEP 4

1. Push the 5x castors (F) into the base (D).
2. Place gas lift (as pictured) into the middle hole of base (D).
3. Flip the chair over, align the hole to gas lift and push down to secure.



STEP 5

1. Remove the pre-installed screws on headrest (G) and the bracket.
2. Place the head rest on the back rest (as pictured), then re-attach the bracket and screws to hold the head rest to chair.