

## Endurance Recumbent Cycle

### TOUCH CONSOLE

R-ES-F

Our Endurance Recumbent Cycle distributes weight and offers excellent support for a low-impact cardio workout. Custom-molded, adjustable touchpoints and an ergonomically sculpted seat and back pad enhance comfort for users of all sizes and ability levels, while smart design features streamline service for technicians and simplify placement for facilities.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

| CONSOLE                     |   |
|-----------------------------|---|
| DISPLAY                     | 41 cm / 16" class capacitive touchscreen LCD  |
| WORKOUTS                    | Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom                                  |
| LANGUAGES                   | English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan |
| FAN                         | Yes   |
| ANALOG TV                   | NTSC, PAL, SECAM  |
| DIGITAL TV                  | ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2   |
| IPTV                        | Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS   |
| WIFI                        | Yes   |
| BLUETOOTH                   | Yes; smartphones, headphones, heart rate  |
| RFID WIRELESS LOGIN         | Yes   |
| CONNECTS TO APPLE WATCH     | Yes   |
| MADE FOR IPHONE, IPAD, IPOD | Yes   |
| USB PORT                    | Yes; device charging, device media, software updates  |
| WIRELESS CHARGING (QI)      | Yes   |
| CSAFE READY                 | Yes   |
| AUTO WAKE-UP                | Yes   |
|                             | †Some of these programs may not be available on this frame.   |

| FRAME                   |  |
|-------------------------|--|
| RESISTANCE LEVELS       | 30   |
| SHIPPING WEIGHT         | 112 kg / 246.9 lbs.                                |
| POWER REQUIREMENTS      | Self-powered or 100-240 V — 50/60 Hz AC            |
| REAR-LIFT HANDLE        | Yes  |
| RESISTANCE SYSTEM       | Brushless generator                                |
| SEAT ADJUSTMENT         | Single-hand lever                                  |
| SEAT MATERIAL           | Custom one-piece, molded seat back and bottom      |
| TOP-DOWN LEVELERS       | Yes  |
| RESISTANCE RANGE        | 2-750 W  |
| ASSEMBLED WEIGHT        | 91 kg / 200.6 lbs.                                 |
| PEDAL SPACING           | 17.5 cm / 6.9"                                     |
| MINIMUM WATTS           | 2 W powered or 13 W self-powered                   |
| MINIMUM RPM             | 10 RPM powered or 25 RPM self-powered              |
| CONTACT & TELEMETRIC HR | Yes  |
| ETHERNET CONNECTIVITY   | Yes  |
| MAXIMUM USER WEIGHT     | 182 kg / 400 lbs.                                  |
| ASSEMBLED DIMENSIONS    | 154.3 x 67.4 x 144.2 cm / 60.7" x 26.5" x 56.8"    |
| CRANK DESIGN            | Three piece with forged arms and integrated puller |