

Endurance Stepper

TOUCH CONSOLE

S-ES-F

For a workout that's natural and invigorating, our stepper delivers a superior stair-climbing experience for beginners and enthusiasts alike. Angled, independent motion mimics the feel of real stair climbing, while large non-slip pedals provide a secure feel and a low-maintenance belt-drive delivers smooth, quiet operation.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.

CONSOLE	
DISPLAY	41 cm / 16" class capacitive touchscreen LCD
WORKOUTS	Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
FAN	Yes
ANALOG TV	NTSC, PAL, SECAM
DIGITAL TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
IPTV	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS
WIFI	Yes
BLUETOOTH	Yes; smartphones, headphones, heart rate
RFID WIRELESS LOGIN	Yes
CONNECTS TO APPLE WATCH	Yes
MADE FOR IPHONE, IPAD, IPOD	Yes
USB PORT	Yes; device charging, device media, software updates
WIRELESS CHARGING (QI)	Yes
CSAFE READY	Yes
AUTO WAKE-UP	Yes
	†Some of these programs may not be available on this frame.

FRAME	
DRIVE SYSTEM	Maintenance-free belt
CONTACT & TELEMETRIC HR	Yes
ETHERNET CONNECTIVITY	Yes
PEDAL SPACING	8.4 cm / 3.3"
MINIMUM WATTS	18 W powered or self-powered
TOP-DOWN LEVELERS	No
STEP RANGE	31 cm / 12.2"
RESISTANCE SYSTEM	Hybrid generator
SERVICE CASTER	No
POWER REQUIREMENTS	Self-powered or 100-240 V — 50/60 Hz AC
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
RESISTANCE LEVELS	30
SHIPPING WEIGHT	133.2 kg / 293.7 lbs.
ASSEMBLED WEIGHT	116.9 kg / 257.7 lbs.
RESISTANCE RANGE	93-303 W
ASSEMBLED DIMENSIONS	114.3 x 78.7 x 179.1 cm / 45" x 31" x 70.5"