

Performance Recumbent Cycle

TOUCH CONSOLE

R-PS-F

Our ultra-durable, ergonomically refined Performance Recumbent Cycle distributes weight and maximizes support for low-impact cardio. Designed for easy placement and accessibility for members of all kinds, the adjustable, ergonomically sculpted seat and back pad enhance comfort while a smart design minimizes service so it's always ready to ride.



WiFi-enabled Touch Console features an app-based interface that mirrors familiar smartphone and tablet operating systems, making it easy for members to connect to the content that keeps them moving.



CONSOLE	
DISPLAY	41 cm / 16" class capacitive touchscreen LCD
WORKOUTS	Go, manual, Sprint 8†, Landmarks†, Virtual Active, target heart rate, interval training, fat burn, rolling hills, constant watts†, glute training†, goal training, fitness tests, custom
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese-S, Chinese-T, Japanese, Korean, Swedish, Finnish, Russian, Arabic, Turkish, Polish, Welsh, Basque, Vietnamese, Somali, Danish, Thai, Malay, Catalan
FAN	Yes
ANALOG TV	NTSC, PAL, SECAM
DIGITAL TV	ATSC 1.0, QAM-B, ISDB-T, ISDB-Tb, DVB-C/S/S2/T/T2
IPTV	Content: MPEG2/H262, AVC/H264 Protocols: UDP, RTSP, HTTP, HTTPS
WIFI	Yes
BLUETOOTH	Yes; smartphones, headphones, heart rate
RFID WIRELESS LOGIN	Yes
CONNECTS TO APPLE WATCH	Yes
MADE FOR IPHONE, IPAD, IPOD	Yes
USB PORT	Yes; device charging, device media, software updates
WIRELESS CHARGING (QI)	Yes
CSAFE READY	Yes
AUTO WAKE-UP	Yes
†Some of these programs may not be available on this frame.	

FRAME	
RESISTANCE LEVELS	30
SHIPPING WEIGHT	106.5 kg / 234.8 lbs.
ASSEMBLED WEIGHT	94.4 kg / 208.1 lbs.
RESISTANCE RANGE	1–500 W
TOP-DOWN LEVELERS	Yes
SEAT MATERIAL	Custom one-piece, molded seat back and bottom
SEAT ADJUSTMENT	Single-hand lever
CONTACT & TELEMETRIC HR	Yes
CRANK DESIGN	Three piece with forged arms and integrated puller
ETHERNET CONNECTIVITY	Yes
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM RPM	10 RPM powered or 25 RPM self-powered
MINIMUM WATTS	4 W powered or 10 W self-powered
PEDAL SPACING	17.5 cm / 6.9"
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
REAR-LIFT HANDLE	Yes
RESISTANCE SYSTEM	Brushless generator
ASSEMBLED DIMENSIONS	150 x 65 x 143 cm / 59.1" x 25.6" x 56.3"