

WATERROWER A1 HOME



Styling: Commercial use

Material: Ash wood with aluminium monorail

Finish: Finished in Danish oil

Noise Level: Soothing and relaxing

Intrusion Level: Minimal intrusion

Resistance Method: Patented WaterFlywheel emulates the natural dynamic of rowing

Resistance Levels: Unique self regulating resistance, infinitely variable, suiting any user without adjustment

Muscle Groups Used: All major muscle groups (84% of total muscle mass)

Maximum User Height: Up to 96cm inseam

Maximum User Weight: In excess of 175kg

Other User Issues: No impact and non-load bearing, perfect for users with joint concerns

Monitor: A1 Monitor

Intensity Units: m/s, MPH, Time/500km, Time/2km, Watts, Cal/hr

Workout Programs: Distance & Time workouts

Advanced Functions: Not available

Heart Rate Monitor: Not available

Dimensions: L-213cm, W-55cm, H- 53cm

Entry Height: 27cm above floor

Storability: Stores easily on end, L-55cm, W-53cm, H- 213cm

Weight: 50kg (recommended water level)

Shipping Dimensions: Tank box (L-71cm x W-61cm x H-61cm), Rail box (L-139cm x W-33cm x H-25cm).

Shipping Weight: Tank box 22kg, Rail box 13kg

Maintenance: Virtually maintenance free. No lubrication required. Simply add a chlorine tablet every 6-9 months (tablets available free of charge)

Wearing Parts: In heavy usage the only wearing parts are the foot straps which pass over the toes

Warranty: 1 Year; (Upgradeable to 3 year parts, 5 year frame free of charge with registration)